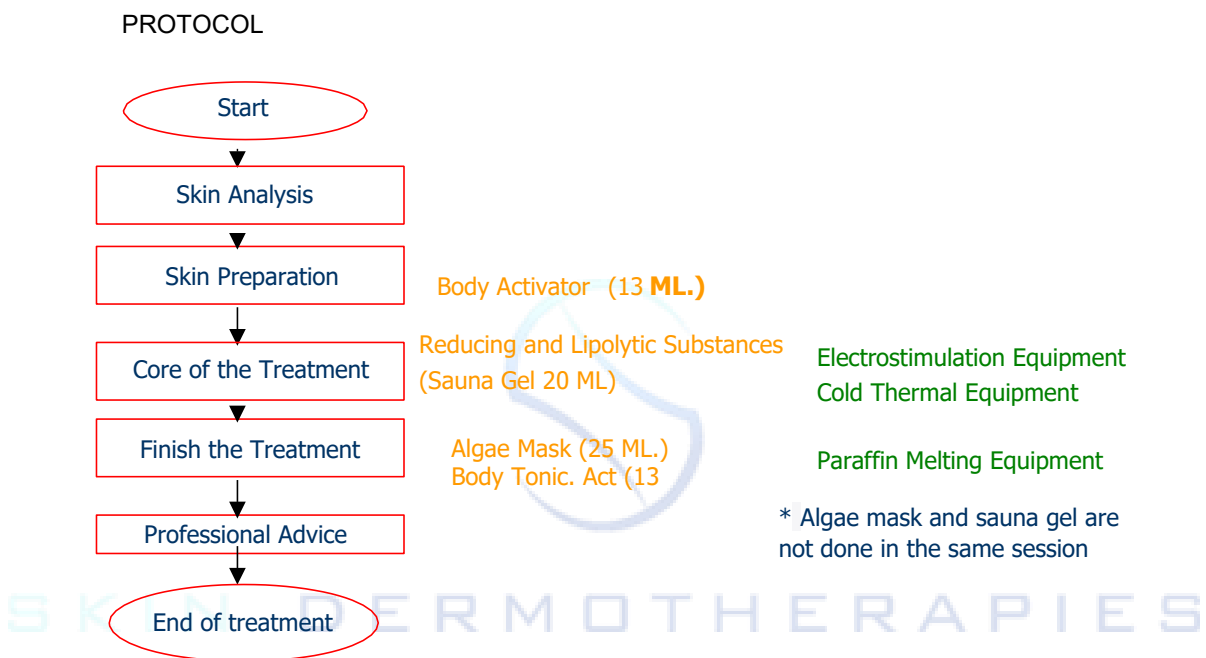


OBESITY TREATMENT

Subcutaneous fat tissue plays an essential role in lipid metabolism. In general, subcutaneous tissue accounts for 23-27% of body weight in women and 15-18% in men. Any alteration in this lipid reserve should be treated from a medical perspective. Aesthetic professionals will collaborate in the treatment of localized obesity and lipodystrophies (a disorder of fat metabolism that results in incorrect distribution of adipose tissue), promoting the mobilization of retained fats.

In weight reduction treatments, changing habits such as dietary and lifestyle changes (exercise) is important. Any weight loss diet should be medically supervised. Excessively restrictive diets can lead to a reduction in muscle mass, which is undesirable when the goal is to reduce fat. In weight reduction treatments, changing habits such as dietary and lifestyle changes (exercise) is important. Any weight loss diet should be medically supervised. Excessively restrictive diets can lead to a reduction in muscle mass, contrary to the goal of reducing fat.

In weight reduction treatments, changing habits such as dietary and lifestyle changes (exercise) is important. Any weight loss diet should be medically supervised. Excessively restrictive diets lead to a reduction in muscle mass, when the goal is to reduce fat.



CONSIDERATIONS ABOUT THE PROTOCOL....

Do you want to Delve deeper into this topic? Ask your advisor about the courses we have for you!

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